Principal’s news

Principal’s Message

I would like to thank staff, parents and visitors for their support last week at the sports carnival. Through the support of everyone involved it made for a successful day. So thank you. Students thank you for your behaviour and sportsmanship shown. Congratulations to the age champions and other award winners. I saw some great team spirit!

Students who are competing in Emerald District carnival this Friday may I wish you good luck. Remember to show the Anakie team spirit there too!

Please be at Marist College by 8:45am and see Mrs Gudenswager to check your name off.

High 5 challenge raising money for farmers

On Friday 27th June (last day of term) schools in our local area have been invited to Emerald High School to raise money for farmers. As part of this, students will be participating in a high 5 challenge where students give each other the high five in a chain. This is where the record attempt takes place; the longest chain of high fiving.

Thank you to those families who have returned forms and money already for the high 5 challenge. Please bring in your gold coin donation for the farmers and your forms by the end of this week. Students with permission forms only will be allowed to participate in the world record high 5 attempt.

Report cards

Just a reminder that reports will go home Thursday 26th June. If your child’s teacher has requested an interview, please make arrangements to meet with them at the beginning of term 3. You are also able to meet at your request with your child’s teacher, so please let them know if you want an interview.

Healthy lunches = healthy minds

A healthy lunch keeps active kids alert and focused and gives them the nutrition they need every day. But no matter how healthy your child’s lunch box is, it won’t provide any nutritional value if it doesn’t get eaten!
Things you need to know:
What is in a balanced lunchbox?
Pack the core 4 + 1 for active kids
• Main Lunch
• Core Snack
• Piece of fruit (seasonal)
• Water with an additional small reduced fat milk drink or 99% fruit juice (aim for <200ml serve) for added variety throughout the day
• +1 Extra snack for active kids

Add extra core snacks or one small ‘extra’ pre-packaged snack once a week.

Keep “occasional” foods such as snack food bars, sweet biscuits, flavoured or coated popcorn and savoury biscuits and chips out of the lunchbox. Although they can offer a practical convenient solution for lunchboxes, they should not replace the core snack and should be kept for special occasions. Avoid including the ones with added confectionery and opt for wholegrain varieties packed full of whole foods you can see with your eyes.

Check out the following website for more ideas!

Kellie Dobson
Principal

HI Everyone,
Wow, what a great day we had at Sports day! Congratulations to all the students on a great effort, you all did exceptionally well in all your events!

It was also wonderful to catch up with many of the parents and grandparents that attended the day, lovely to meet you, I will try hard to remember your names or at least who belongs to you.

Last week I attended the Pathways to resilience training in Emerald and Chaplains in-service day. I learnt lots of interesting things, one of the suggestions was at the end of each day, either on the way home from school, over dinner is to ask everyone, including the adults, something good about their day. It can be as simple as a favourite dinner or lunch, patting the cat or dog, something you have seen or having a great game with a sibling or friend. For an adult it may be having had a quiet cuppa, watching a sunset or sunrise if you’re an early riser, a chat with a friend, or a task you are expecting to be challenging made simple. It’s important to focus on the positives in our day as our brains can more easily be focused on the negatives, so by making a point each day to seek out positives in our day we can help reinforce and strengthen the positive pathways in our brains.

Our vegetables are growing well in the garden they have certainly doubled in size. We will plant some more in the next week as we prepare the next bed. I have a few very keen gardeners that help out on a Tuesday lunch. If anyone has an abundance of strawberry runners in their garden, we will gladly add them to our garden for you.

Well done to those children who attended Cattle Club judging in Emerald, it was great to learn more about Cattle Club and what you look for in cattle to determine your preference order. You all did really well in talking on the microphone, and explaining why you put the cattle in your particular order. I learnt lots, so I’m looking forward to next year, when you will be able to teach me some more.

Hoping you all have had a refreshing and safe long weekend.
Have a great week
Chappy Averal
Student of the Week

2nd June
Prep/1 Annabella Twidale - consistently working hard to achieve her highest potential.
1/2 Nicholas Gregg-Miller - for transitioning extremely well into Anakie State School Life.
2/3 Anneliese Grasser - giving insightful explanations and reasons to persuade an audience.
4/5 Emma Halinen - Always giving her full effort in classroom activities
6/7 James Spencer - Having great bookwork! Always neat! Well done!
Gotchas - Callum Gittens, Lilyarna Boon, Cassidy Lawrence, Leeroy Sandilands, Ivana Sherratt.

Casual Teacher Aide Required
Anakie State School
5 hours Tuesday
5 1/2 hours Thursday
9am to 3 pm
Blue card and resume required
Please contact Lisa on 49811111 for more information.

Interhouse Champions 2014 Zircon

Gemfields Catholic Community
Anakie Hall
Sunday 22nd June
10:30 am Mass
GEMFIELDS JUNIOR RUGBY LEAGUE FOOTBALL CLUB HOME GAME 2014 SEASON Saturday 14th & 21st June Roy Day Park, Games start 9am - 1pm Come and support your local kids Great food from the canteen, chance to win the $100 Dollar Board and lots of entertaining Rugby League

Our Lady of the Sacred Heart School BULL-A-RAMA SPECTACULAR Saturday 26th July 2014 Springsure Showgrounds Gates open 3pm for 4pm start Adults $15 Children $10 High school students/Pensioners Primary school students FREE Hot Food/Jumping Castle $5 unlimited pass PH: 07 4984 1525

ANAKIE STATE SCHOOL 2015 PREP ENROLMENTS We are currently seeking names of students who will be enrolling in Prep next 2015. Anyone wanting to enrol their child can contact the school for an enrolment pack or can contact the school so one may be posted out. If you would like more information contact Lisa on 49811111

SCHOOL BANKING THURSDAYS Win a holiday

ANAKIE & DISTRICT LITTLE ATHLETICS NOT TOO LATE TO SIGN UP VENUE: ANAKIE STATE SCHOOL DATE: 18th MAY SUNDAY 2014 TIME: 3:00PM SIGN-ON COST: Tiny Tots = $25.00 Under 6 = $55.00 Under 7 to Under 17 = $60.00 Club Shirt = Additional charge minimum $25 For more information call Carmel Berry on 49855076 Birth Certificate Required

CELEBRATE USA’S INDEPENDENCE DAY ANAKIE HALL GAME SHOW NIGHT SUPPER PROVIDED/BYO DRINKS AND NIBBLES 7PM FRIDAY 4TH JULY $10 PER HEAD PAYMENT ON ENTRY COSTUMES WELCOME – RAFFLE - MINI HOTDOGS ON SALE FOR CATERING PURPOSES CALL JENNIE KRUGER 0407 761337 TO RESERVE A SEAT

READER’S CUP CHALLENGE Lolly Jar Guessing Competition 50c per guess Money will go to the Reader’s Cup Challenge